LESSON 1 'Escape to the countryside': investigating a rural sense of place		
Teaching activities	Learning outcomes	Resources
LESSON 1 'Escape to the countryside Teaching activities Starter 'City vs. Country' • A brief look at urban push factors and rural pull factors in a UK context. • Investigating the extent to which counterurbanisation is a local rather than global phenomenon. Main activity (1) Why live in the countryside? Where does the idea of a rural utopia derive from? Rural life is portrayed in a range of different media and walks of life in ways that make many people long to move to the countryside: these are reviewed, including TV programmes. Evidence from the Mappiness project corroborates the idea of a rural utopia by suggesting that rural living does make people a little bit happier on average. (2) What kinds of people move to which kinds of countryside? Counterurbanisation is a complex phenomenon composed of the movements of many different types of people, from artists to entrepreneurs. (3) Migration brings rural changes Not all areas of the countryside have been affected equally. Sometimes areas have benefited from inmigration; sometimes they have not. Plenary Don't over-generalise!	Learning	
This forms the basis for a homework exercise, wherein students think critically about the degrees of change that different rural areas have experienced at a local scale.		