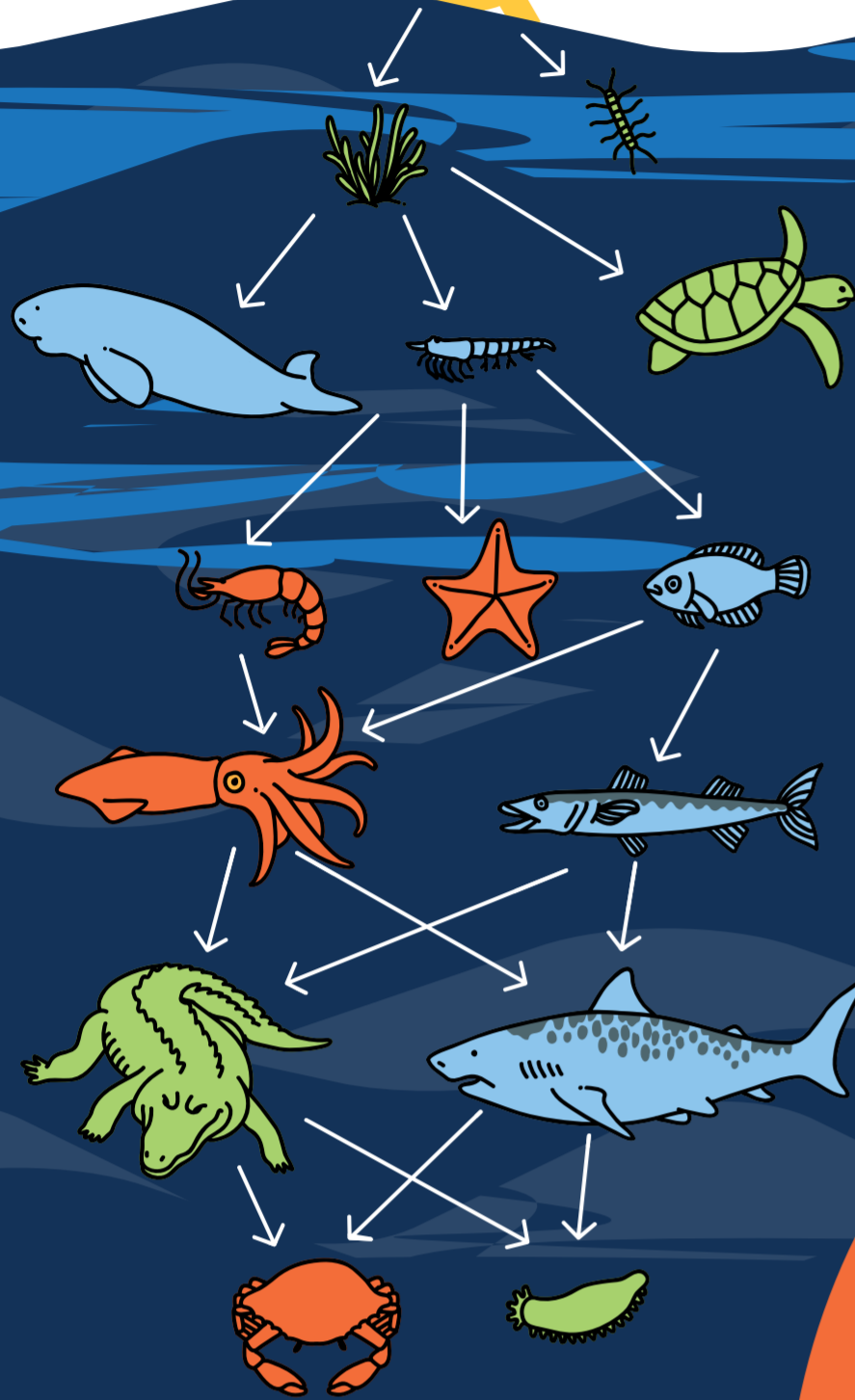


90% of all goods are transported by sea.

We need healthy oceans to breathe! Seaweed and seagrass produce more than half the oxygen on the planet.



The ocean is full of unique marine species, many of which supply people with food and other resources.

Oceans regulate the planet's temperature and carbon.

They are a critical part of the water cycle.

Being near the sea has many benefits and can make us feel calm.

Oceans are places of spiritual connection for many cultures.

We are all connected to the oceans. They are vital to our daily lives and essential for our future.

At any given time, there are around 30 million people at sea. The sea is a workplace for seafarers, fishers, cruise ship workers, and many others.

"It is the worst of times but it is the best of times because we still have a chance."

Sylvia Earle, Oceanographer

Restoring ocean habitats is one way we can reverse the damage done to oceans and provide healthy environments for all.

Aquariums are windows to oceans that help us understand more about them.

When we use our devices to go online, more than 95% of all data that moves around the world travels through undersea cables. The ocean connects us.