



Are you flood ready?

Be Aware, Be Prepared, Take Action!

<u>Instructions:</u> The cards below describe the best way to deal with any sort of danger – by being **aware**, by being **prepared** and **knowing how to act** when trouble comes – (whether we are talking about revising for exams to dealing with flooding!). Card sorting allows us to identify from the outset that being resilient requires us to do these **three** sets of things (see below). (Teachers: cut out the cards and get students to sort them into the three appropriate groups).

Be Aware of Flooding	Be Prepared for Flooding	Know What Actions to Take in the Event of a Flood
Take an interest in what happens locally when it rains (read newspapers).	Keep emergency supplies like canned food, bottled water and a torch.	If you have time, collect key documents (bank cards) in case you need them.
Listen when older people are telling stories about past storms or floods.	Make any easy improvements that could keep water out of your home.	Put sandbags in place if you have them.
Visit the Environment Agency website and see if your postcode area has a flood risk.	Think about buying sandbags.	Be ready to turn off the electricity.
Keep an eye out for memorials or monuments to any past disasters in your neighbourhood or town.	Buy family furniture that is water-resistant.	Unplug electrical items and move them upstairs if possible along with pets and other valuables.
If your family is buying a new home, remember to ask if it has ever been flooded in the past.	Make sure your parents have insured your house for flood damage.	Telephone elderly relatives who live nearby and make sure they are ok.
	Always know where important documents are (like passports and bank cards) in case floods make you leave home in a hurry.	Do not try to swim through fast flowing water – wait to be rescued instead.

