

Lesson One: UK – Building a picture

Where is the UK?

The UK is an island nation in Western Europe just off the coast of France. The mainland areas lie between latitudes 49°N and 59°N and longitudes 8°W to 2°E. The UK is bordered by four seas:

- to the South by the English Channel, which separates it from continental Europe
- to the East by the North Sea
- to the West by the Irish Sea and the Atlantic Ocean

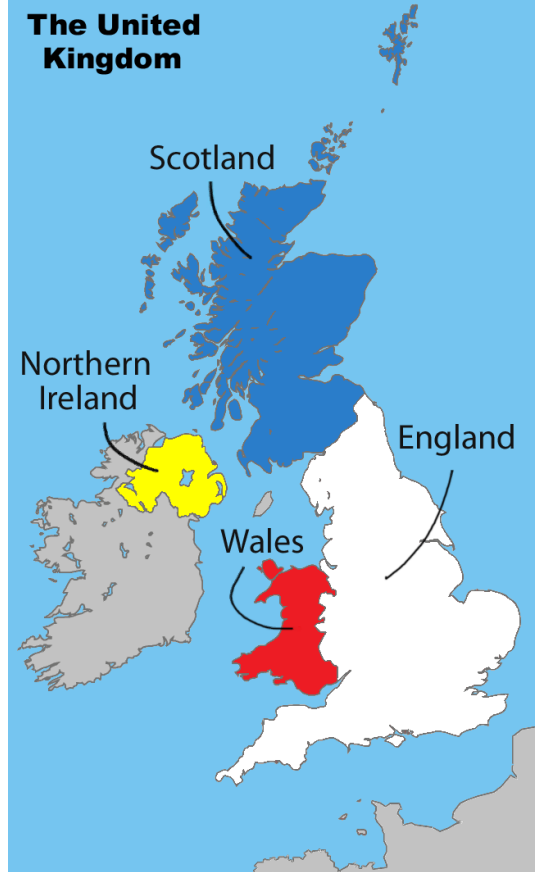
Northern Ireland shares a 360 km international land boundary with the Republic of Ireland. The UK has a total area of nearly 245,000 square kilometres.



The United Kingdom is composed of: England, Scotland, Wales & Northern Ireland.

Great Britain: England, Scotland & Wales

British Isles: The UK plus Eire (Southern Ireland)



UK Capital Cities: England (London); Scotland (Edinburgh); Wales (Cardiff) & Northern Ireland (Belfast)